



# KANSAS FOOD RESOURCES

Eligible Ages	Program	How to apply
0-5	WIC (Women, Infants, and Children)	WIC is a nutrition program that provides nutrition and health education, healthy food, breastfeeding support and other services to qualifying women who are pregnant, breastfeeding or have recently given birth, and children up to age 5. Apply through your county health department or WIC-contracted community health center. Your local WIC clinic can be found here: <a href="http://www.kansaswic.org/families/WIC_county_map.html">http://www.kansaswic.org/families/WIC_county_map.html</a>
1-18	Summer Food Service Program	Free meals for children ages 1-18 are being served at numerous school locations throughout Kansas. No application is necessary. Check with the Kansas Department of Education for meal distribution sites in your area: <a href="https://cnw-web.ksde.org/SFSPLocationsASP/SFSP/SFSP_Menus/SFSP_Locations.asp?ProgramYear=2020%25">https://cnw-web.ksde.org/SFSPLocationsASP/SFSP/SFSP_Menus/SFSP_Locations.asp?ProgramYear=2020%25</a>
Any	SNAP (Supplemental Nutrition Assistance Program) food assistance	SNAP food assistance (formerly known as food stamps) provides qualifying low-income households with benefits to buy food. Apply online at: <a href="http://www.dcf.ks.gov">www.dcf.ks.gov</a>
Any	TEFAP (The Emergency Food Assistance Program)	TEFAP provides free foods to low-income households throughout Kansas. TEFAP food is shipped throughout the year to participating organizations for distribution. To find your county's distributing organization and food distribution site please visit: <a href="http://www.dcf.ks.gov/services/ees/Documents/Food_Distribution_Programs/TEFAP%20Distribution%20Sites%20by%20County.pdf">http://www.dcf.ks.gov/services/ees/Documents/Food_Distribution_Programs/TEFAP%20Distribution%20Sites%20by%20County.pdf</a>
60+	CSFP (Commodity Supplemental Food Program)	CSFP distributes monthly food packages to persons 60 years or older with income less than 130% of the Federal Poverty Level. To apply to receive a food package through one of the regional administering organizations please visit: <a href="http://www.dcf.ks.gov/services/ees/Pages/USDA-Commodity-Programs/CSFP/CSFP-FAQs.aspx">www.dcf.ks.gov/services/ees/Pages/USDA-Commodity-Programs/CSFP/CSFP-FAQs.aspx</a>
60+	Nutrition Services for Older Adults	Nutritious meals for seniors are available for persons 60 years or older through the Older Americans Act. Donations are encouraged. For information on how to access these meals in your area please call the Aging and Disability Resource Center at: 855-200-2372. You can also visit the ElderCare Locator online at: <a href="https://eldercare.acl.gov/Public/Index.aspx">https://eldercare.acl.gov/Public/Index.aspx</a>
Any	Food banks and pantries	Food banks throughout the state are distributing food and other essential items at no cost. To find a food pantry in your community, contact the food bank responsible for the county you live in:  <u>Harvesters Community Food Network</u> Counties: SN, JO, DG, WY, FR, MI, JF, JA, PT, RL, CY, WS, MS, NM, OS, WB Email <a href="mailto:customer care@harvesters.org">customer care@harvesters.org</a> or call 877-353-6639  <u>Second Harvest Community Food Bank</u> Counties: LV, AT, BR, DP Visit <a href="http://www.shcfb.org">www.shcfb.org</a> or call 816-364-3663  <u>The Kansas Food Bank:</u> Counties: All other counties Email <a href="mailto:info@kansasfoodbank.org">info@kansasfoodbank.org</a> or call 316-265-3663